

# 5k & Fun Run/Walk

*Date: Saturday October 16, 2010*

*Start time: 9:00 AM*

Full Name: \_\_\_\_\_

Age: \_\_\_\_\_ Race (Circle One): 5k or Fun Run/Walk

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Shirt Size (Circle One): Youth: Small Medium Large

Adult: Small Medium Large XLarge XXLarge

Total Race Fee Included: \_\_\_\_\_

Donation Included: \_\_\_\_\_

*Mail or fax form by October 3, 2010*

*Fax: (503) 585-4972*

*Mail: Mid Valley Mentors 3030 Center St NE, Salem OR 97301*

***PROUDLY PRESENTED BY:***



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